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G A M B I A

HIBISCUS HOUSE ITINERARY

Your holiday with **Hibiscus House** will consist of 6 full days (when booking for a week).

There are many ways to enjoy your holiday at **Hibiscus House**, whether it be relaxing by the pool, receiving a holistic treatment, visiting the local village or experiencing one of the many tours or excursions from our recommended companies.

Hibiscus House has a hotel restaurant and bar as well as another 'more local' bar attached to the hotel. Also, within 10-20 minutes are a wide range of other restaurants and bars.

Transport can be arranged by either having a hire car delivered to **Hibiscus House** by **GamCars** or by the local taxi services.

We also have specialist guides for guests who wish to experience the Gambia's wide array of birdlife or simply to wonder around the local countryside.

Below is a sample itinerary for your holiday. This is merely illustrative and can be tailored in any way you wish.

Many guests, however, find once entering **Hibiscus House** they rarely leave, enjoying the daily changing food menu, the pool and Jacuzzi, the holistic treatments, the tropical gardens and birdlife and the evening entertainment and African nights.

Itinerary

Day 1: A representative of **Hibiscus House** will greet you as you step into the arrivals lounge at Banjul Airport. You will be transported to **Hibiscus House**, which is in Brufut, approximately 15 minutes from the airport.

Upon arrival we will welcome you with a complimentary drink of your choice and provide you with a tour of the hotel and facilities. Most flights arrive mid-afternoon and therefore by the time you have arrived at **Hibiscus House** it is nearly time for your evening meal and this can be taken at any time in our restaurant area or in the comfort and privacy of the terrace area attached to your room.

Day 2: After recovering from your travel the day before, the morning can be spent relaxing in the sun by the pool and in the gardens of **Hibiscus House**. It may also be the perfect time for a holistic treatment (Indian Head Massage, Reflexology or Raiki). Lunch can be taken by the pool.

The afternoon can be spent walking around Brufut and visiting local schools and experiencing the local wildlife. A guide is available to help you with this. In the evening you may wish to indulge in a trip to a recommended restaurant (**Ngala Lodge** or Avocado Restaurant at **Coconut Residence**). Travel can be arranged and journey time is no more than 10-20 minutes to any of our recommended restaurants.

Day 3: Having had breakfast a trip to the beach may be in order. Car Hire or taxi can be arranged and we recommend **Batakunku** or **San Yang** beach or others nearby. These beaches are in Southern Gambia and benefit from white sandy beaches and clear seas. On arrival back at **Hibiscus House** enjoy a Jacuzzi before preparing for supper at.

Day 4: The morning can be spent in **Makasutu Cultural Forest** (www.makasutu.com). Makasutu offers canoe trips up river, forest walks, African lunch and entertainment and sightings of baboons playing and feeding. This trip can be a half day or full day. Your evening meal can be taken in **Hibiscus House** after a long day at Makasutu.

Day 5: The morning can be spent deep sea fishing with our recommended operator **Hooked On Gambia** (www.hookedongambia.co.uk). Pick up and drop off from the hotel is included in their price (which ranges from £120 - £180 per boat depending on type of fishing).

After a day's fishing we recommend a relaxing swim followed by a trip to a local restaurant.

Day 6: The morning can be spent birdwatching in the local area with one of our guides. For golf fans we can arrange for a round up at **Fajara Golf Club** in the afternoon. All equipment is provided, including caddies (price is about £20 all inclusive). We can also arrange for a full day's boat trip on the River Gambia if Golf is not your game.

Day 7: On the final full day we recommend a bike or buggy safari around the local area, see www.bikesandbuggies.co.uk for more information. You may also want to get in more sun at **Hibiscus House** along with a holistic treatment to make sure you are fully relaxed before returning home the next day. However, a night out in Senegambia may be what is required, drinks in the **Irish Bar** and maybe a trip to the local casino.

Day 8: The morning can be spent relaxing by the pool before we transfer you back to Banjul airport for your trip home.